


Thank You to Our Livin' on a Spare Sponsors!



Langley Residential Support Services
2070 Chain Bridge Rd., Ste. G55
Vienna, VA 22182

Keeping you *informed* about how we're making a *difference* in people's lives . . .

A Season of Action

a note from the Executive Director

As March approaches each year, the developmental disability community gears up for Developmental Disabilities Awareness Month and this year, we need our community to support us more than ever. Since Langley was created in 1983, we have held fast to our belief that everyone deserves the chance to live a rich, full life and we continue to live that vision every day. While March is a time for heightened awareness for our community, change happens when we commit to creating a rich, full life for all year-round, and we need your voice now.

This winter has been filled with joy, as you will see in our *They're Playing Basketball* and *Langley Happenings – Out & About* articles, as well as uncertainty with potential cuts to Medicaid funding. Langley individuals receive financial support for our services through local funding from the Fairfax-Falls Church Community Services Board, private pay, and Medicaid Waiver. In the last few years, a number of the individuals we serve have received their Medicaid Waiver to help fund the support they need to live independently out in the community. If Congress is successful in passing its budget resolution, which includes cuts to Medicaid, it may impact the Medicaid Waiver program in Virginia and, in turn, our individuals and operations. *Continued on page 3*

Save the Date!

Livin' on a Spare Bowling Benefit on April 6

Dust off your bowling shoes and join us for the Livin' on a Spare Bowling Benefit! Hosted at Bowlero Annandale, come see where some of Langley's individuals bowl and play with some of our best. Celebrate our lifelong community and a rich, full life for all with Langley residents, program participants, families, staff, volunteers, and friends. Tickets include two bowling games, a Langley Livin' on a Spare t-shirt, a pizza lunch, refillable soft drinks, and more.

We've got each other and that's a lot for our lifelong community! Come give bowling a shot at the Livin' on a Spare Bowling Benefit. All proceeds benefit Langley's mission and vision to create a trusted community where adults with developmental disabilities and their families can thrive.

Tax Season: Donation Summary Statements

Tax filing season opened January 27. If you need a summary statement of your donations to Langley in 2024, please contact Emily Hinchey-Qadir at emily@lrss.org or at (703) 893-0068 ext. 1800 before Thursday, April 10.

PURCHASE **TICKETS** NOW>

13th LRSS Spring Bowling Benefit

Sunday, April 6

2-4 pm | Bowlero Annandale

More details at lrss.org

LIVIN' on a SPARE Bowling Benefit





Langley Residential Support Services

A Season of Action continued

We have faced uncertainty before, and I am so grateful for the way our community has stepped up to care for one another during times like this, and I know we will again. For ways to support our individuals now and throughout the year, please read our *A Rich, Full Life for All* article and stay tuned for our Developmental Disabilities Awareness Campaign March 17 – 21. Our vision is to create a trusted community where adults with developmental disabilities can thrive. Continuing to be present and create moments of joy is always important, and one of the highlights of my year is our Langley bowling benefit. I love the chance to connect with our individuals, their families, and our staff while having fun. I hope you will join me at our **Livin’ on a Spare Bowling Benefit on Sunday, April 6**, at Bowlero Annandale.



Maureen K. Gum
- Maureen

Platinum - \$10,000+

- Anonymous Family
- Anonymous Family Foundation
- Charles & Mary Latham Fund
- Fairfax County Government
- KOVAR Corporation
- Maria Grazia Panaro Foundation
- Marietta McNeil Morgan & Samuel Tate Morgan, Jr. Trust
- Mars Foundation
- The Albert and Linda Rosecan Charitable Foundation
- The Moxley Family Foundation
- Narang Foundation
- Nolan Stokes & Kathy Harmann-Stokes
- Vienna Presbyterian Church

Gold - \$5,000 - \$9,999

- Anonymous Family
- Beyer Auto Group
- Doug & Debra Tees
- Gale & Anne Sommers
- Immanuel Presbyterian Church
- Julia Kiraly & David Johnson
- Mary Beth Busby
- The Kidder Family

Silver - \$2,500 - \$4,999

- Carney Foundation
- Dominion Energy Charitable Foundation
- Doug & Nicole Duvall

2024 Langley Leaders

Every donation to Langley supports the 41 individuals we serve with vital programs and life-enhancing services to live life to the fullest. In 2024, our community supported our mission in a big way, and we are grateful for the way this support sustained us throughout the year and into 2025!

A special group of champions – our Langley Leaders – give at levels that help us do more with our resources. Please join us in recognizing the outstanding faith communities, civic organizations, companies, foundations, and families below!

Silver - \$2,500 - \$4,999 continued

- Jason Howell Company
- Sean & Bridget Manley
- The Joey Pizzano Memorial Fund
- Walsh, Colucci, Lubeley & Walsh, PC

Bronze - \$1,000 - \$2,499

- Anonymous Family
- Ronald & Ann Bachand
- Rose Bates
- Blankingship & Keith, PC
- Kerry & Brad Boyd
- Fran Carnevale
- Carly Coho & Ken Cahoon
- Charles Delmar Foundation
- Civitan Club of Fairfax
- The Closet of the Greater Herndon Area, Inc
- Katie & Woody Davenport
- Sensei Enterprises, Inc.
- Donna Ioffredo & Patrick Hambrick
- Karen & Michael Ioffredo
- Sara Hilgartner
- Weetie & Wayne Hill
- Dave Hipp
- Robert M. & Joyce A. Johnson Foundation
- Junior League of Washington
- Helen Kidder
- Julianne Kunzle
- Megan & Stephen Lee
- Modern Mechanical LLC
- Northern Virginia Association of Realtors, Inc.
- Rosenbluth Family Charitable Foundation
- Alice Starr
- Stephanie & Harold Smarr
- Trinity United Methodist Church
- CJ Woods
- Judith Yolles

Langley Website— A New Look, Same Mission

We've been working on something special just for you – our new website! Langley has experienced exciting changes this past year: moving to a new office, welcoming new residents, opening a new home, hiring new staff, and launching new programs. With so much growth, it was time for our website to get a refresh too — and it's live now!

We couldn't wait to share it with you. Visit www.lrss.org or scan the QR code to check it out.

We're excited about how this updated site will help us better share our mission and vision to create a trusted community where adults with developmental disabilities and their families can thrive. We hope you love it as much as we do!



Langley Happenings – Out & About in the Community

Wintertime brings the holidays, basketball, birthdays, dancing, and more! Our individuals didn't let the short days slow them down. Check out what they were up to!



A Rich, Full Life for All Developmental Disabilities Awareness Month

March is Developmental Disabilities Awareness Month which reminds us that individuals with developmental disabilities are valued members of our community, and deserve the chance to live a rich, full life. Established in 1987 by President Ronald Reagan, Developmental Disabilities Awareness Month highlights the importance of creating a society where people with disabilities are empowered to contribute to their communities. It is a time to celebrate our community and how far it has come and raise awareness about the continued work to create an inclusive community that believes everyone can.

Throughout the year, there are several ways you can support our individuals – through volunteering, donating in-kind and financial contributions, spending time with them at Langley events and at events held by our partner organizations like Vienna Presbyterian Church's Friendship Class or the ServiceSource fall picnic, and with your voice.

We believe everyone deserves the chance to live a rich, full life and envision a trusted community where adults with developmental disabilities can thrive. We are concerned this vision will be harder to reach over the next few years, due to potential funding gaps from the local to the federal level. At the federal level, Congress is proposing cuts to Medicaid, which is a critical financial resource for the individuals we serve, and if cut by a certain amount, may affect Medicaid Waiver funding in Virginia. At the local level, the Fairfax County budget includes proposed funding cuts to Fairfax-Falls Church Community Services Board partners like Langley, which will affect our individuals who receive financial support from the County.

Our goal is to help the individuals we serve build confidence in living independently and become more engaged in their community. Our support gives the men and women we serve the confidence to contribute to the fabric of their community – people like Cindy. Since moving to one of Langley's homes almost 20 years ago, she has flourished. In the beginning, Cindy was not a confident cook. Over time, staff helped her learn how to prepare and cook fresh meals, a hobby she now enjoys. Cindy is an avid bowler, knows sign language, and is active in the Vienna Presbyterian Church community. For nearly 25 years, she was a valued associate at Walmart, where she helped fundraise for the Children's Miracle Network. Cindy's story is just one example of the life-changing work we do at Langley.

Funding from sources like Medicaid and the Fairfax-Falls Church Community Services Board are essential to the 41 individuals and their families we support. Both provide funding for those in our program to thrive, have a place to call home, create community, and live a life they dream of – a life like everyone else. Any cut to funding resources like Medicaid, federally or in the Commonwealth of Virginia, and the Fairfax-Falls Church Community Services Board would be devastating to our community and may prevent us from operating.

We need your help to advocate on behalf of the 41 adults with developmental disabilities we support every day, people like Cindy and many more, whose lives would be severely affected by funding cuts. Your voice matters and so do the voices and lives of the individuals we serve. Members of Congress, the Virginia General Assembly, and the Fairfax County Board of Supervisors rely on feedback from their constituents when deciding on public policy. As a community that believes in a rich, full life for all, we hope you will advocate on behalf of the individuals we serve at Langley this Developmental Disabilities Awareness Month and beyond.

Please contact your representatives and share with them the impact cuts to funding would have on the individuals we serve at Langley. Tell their stories, which are filled with independence, hope, opportunity, and dignity for all. We need our community to step up this Developmental Disabilities Awareness Month and hope you will continue to join us as we create a trusted community where adults with developmental disabilities can thrive.

For more information about how you can support the wonderful individuals we serve throughout the year, be sure to tune in throughout the week of March 17 to 21. Langley will share stories from our individuals celebrating how they build a rich, full life, ways you can advocate for the 41 individuals we serve, and how you can create a community that believes everyone can throughout the year.



They're Playing Basketball...We Love That Basketball

For many years, Langley residents and program participants have participated in sports in the community, like bowling and basketball, and this year was no exception. As part of the Special Olympics VA Area 26, our two teams, the Langley Lions and Langley Wizards, participated in the half court division and were led by four wonderful coaches, Kelly Ameen, Carly Coho, Rusty McLaughlin, and Melissa Smarr.



The Lions and Wizards faced fierce and friendly competition in three tournaments across Northern Virginia in January and February. Between tournaments where our players excelled, players practiced every Sunday afternoon from December through late February. While the basketball season at Langley may be over, the memorable moments from our coaches and a few players will live on.

Coach Kelly Ameen: "Our season was packed with unforgettable moments, but one that stands out was during a tournament. One of our teams found themselves playing one player down for about five intense minutes, facing off with just three players against two. The two Langley athletes on the court gave everything they had—amazing passes, relentless hustle, and pure heart! Not only did they manage to take the lead, but they pushed it even further, dominating the game. Afterward, I asked one of the players how he kept his energy and intensity up. With a grin, he told me he'd watched the Duke vs. UNC basketball game the day before, and it fired him up to give it his all! Now that's inspiration in action!"

Coach Carly Coho: "This season had many memorable moments, but what stuck out the most was how the players interacted with newcomers. We had two new volunteers join practices and they were welcomed immediately by the players. The team consistently showed up to practices and tournaments with excitement to play, and also joy to spend time with others."

Player Chris: "The last game was my favorite game of all time. I was happy and excited, I shot the ball into the net a lot and scored some points for my team. I like to watch college basketball, and I watched the Duke vs. UNC game the night before, and the Blue Devils made a lot of good shots and it inspired me the next day. I hope to go see Duke play in person someday."

Coach Rusty McLaughlin: "My most memorable moment was the Oakton HS tournament match in late January where our two Langley teams faced each other and the game ended in a tie. This was just one of many moments when both teams exemplified competitive spirit and outstanding sportsmanship."

Coach Melissa Smarr: "My memorable moment for the team is how hard they worked and how much fun they had [at] the [three] tournaments we played in this season."

Player Angie: "I'm more comfortable with the practices. I enjoy playing every year. I just like to play basketball; I like passing the ball. I'm good at passing. I like how it keeps me as active as possible. It makes me happy."

On Sunday, March 9, coaches Kelly, Carly, Rusty, and Melissa hosted a small end of season party for the Langley Lions and Langley Wizards teams where players received awards for their participation. We hope you will come out to a game next season, follow us on Facebook, Instagram, LinkedIn, and X (formerly Twitter) to receive updates about the 2026 season.

