

THE LANGLEY LETTER

Because everyone deserves the chance to live a rich, full life...

Langley Residential Support Services

4th Qtr. 2012 Newsletter

Langley Residential Support Services is a 501(c)(3) non-profit that has supported people with intellectual disabilities and their families throughout Fairfax County, VA for 28 years.

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Dear Friends,

Welcome to another edition of The Langley Letter. I hope that the past few months have treated you well. We at Langley have fared well for the most part, but a few of the people in our program have come to realize the importance of having a safety net when a crisis happens and how scary it can be when you don't have that security.



This became very apparent to us when one of the people we serve broke her leg. The medical bills for her treatment and physical therapy were an unexpected expense on their own, but she also had another medical issue that needed to be addressed which compounded the problem. Not helping matters was the fact that due to her health issues, she could not work during this time. Her already low monthly income became no monthly income. She had no real savings to speak of. Her family lived hours away. The bills mounted. Her stress and fear increased. What would she do? What could she do?

Luckily for her - and because of the generosity of supporters like you - we were able to provide her with a safety net. We were able to pay her medical bills with a grant from our Langley Emergency Economic Assistance Program (LEEAP) It's been a long couple of months for her, but her leg has healed (although it's still not yet at 100%), her other health condition has been addressed, and she is back at work. She is optimistic for a full recovery. She's no longer scared and stressed about how she will avoid a financial crisis. LEEAP provided her with a safety net and for that we are truly thankful.

However, there are more people in our program for whom LEEAP is the only safety net they have. We want to assist them, but need your help to do so. Many of you may be planning to make tax-deductible end-of-year donations to charity. We humbly request that you consider our LEEAP program as you make your plans.

Sincerely,

Betsy

Betsy Schatz
Executive Director

A Progress Report on LEEAP...

Since we began our Langley Emergency Economic Assistance Program (LEEAP) last year, your response has been overwhelming! We have received support from organizations such as Good Shepherd Catholic Church, St. Luke's, St. Mark's, St. Mary of Sorrows, Blessed Sacrament, McLean Rotary Club, and many generous individuals. Since January 2012 we have authorized over \$16,000 in assistance to low income adults with intellectual disabilities in our program who desperately needed a safety net. With contributions from people like you, we were able to help these people with the following expenses: \$2,000 in housing, \$500 in transportation, \$6,100 in medical, \$5,250 in dental, \$700 in utilities, \$605 in food, and \$1,700 for basic needs.



Thank you for providing a Safety Net!

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Suite G-55
Vienna, VA 22182
703-893-0068

Langleyres@aol.com

www.langleyresidential.org

Annual Fall Wine/Beer Tasting & Benefit Auction...

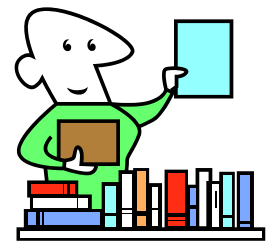
On October 20, 2012 we held our annual Fall Wine/Beer Tasting and Benefit Auction at the home of Fairfax County Supervisor John Foust and his wife, Dr. Marilyn Jerome. This year's theme was *Expecting the Unexpected – Embracing Difference...* which is something we do daily in our mission of supporting people with Intellectual Disabilities. Our guests enjoyed experiencing wines, beers and foods that presented a unique twist on commonly held expectations – while raising money for a great cause!

We are very grateful to all of our sponsors and donors who helped make this event possible. We would like to give special recognition to our Champagne Level Sponsors - Beyer Auto Group and the Beyer family who have been a part of the Langley family since our very early days. From Nancy Beyer's contributions then to her granddaughter, Carly's, involvement today - many thanks for your continued support!

Thanks also goes out to Chain Bridge Cellars, Distinctive Catering by Christina and Double Premium Chocolates for helping to create a wonderful experience for our guests.

Summer Book Club Expands...

In our last newsletter we had a special volunteer spotlight on the Summer Book Club program run by the Youth Group at Immanuel Presbyterian Church. The program is very popular among our residents and some of the people in our Community Support program. As Langley consumers are paired with buddies from the Youth Group they are able to improve their literacy skills while forming social bonds. The middle school and high school aged members of the Youth Group are able to learn important lessons about compassion and the daily challenges people with intellectual disabilities face. This summer, the program expanded to include youth from Trinity United Methodist, St. John's Episcopal, and Arlington Baptist Churches. Participation was so high that the ratio of Langley consumers to youths was consistently 1:1, which made the experience all the more valuable for everyone.



A Special Shout Out...

At Langley we try very hard to ensure that our residents have lives that are as active and involved in the community as they desire. Sometimes we receive some help in this effort from some very kind people and organizations that we would like to recognize...

- Vance Zavela and Jean Schiro Zavela for their generous donation which made our May 2012 Baseball Outing possible
- Betsy Walsh for donating her pre-season Redskins tickets so that our residents could attend the games
- Wolf Trap Foundation for donating tickets to a performance of *The King and I* to our residents
- Immanuel Presbyterian, Trinity United Methodist, St. John Episcopal, and Arlington Baptist Churches' Youth Groups for making Summer Book Club such a great success
- The Junior League of Washington for all their hard work on the Literacy Club and Talent Show activities that mean so much to the people we serve

Thank you all so very much... YOU ROCK!

*Expecting the Unexpected –
Embracing Difference...*

LANGLEY
RESIDENTIAL
SUPPORT SERVICES
Annual Fall
Wine/Beer Tasting
and Benefit Auction

Saturday,
October 20, 2012

**A Special Thanks to
The Sponsors Who
Helped Make Our
Oct. 20th Event
Such A Success!**

Our Hosts

Supervisor John Foust
& Dr. Marilyn Jerome

Champagne

Beyer Auto
Group

Bordeaux & Bock

First Potomac
Realty Trust
RLM-CPA

Cabernet & IPA

The Business Bank
Walsh, Colucci
Ardin Goss

Pinot & Pilsner

CommonHealth
Chiropractic

The Bailey Team Real
Estate

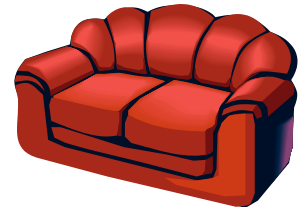
Kane Landscapes

Program Ads

Washington Financial
Sensei Enterprises, Inc.
Work Consultants

KOVAR Grant Makes It Possible to Replace Worn Furniture...

This summer Langley was very fortunate in receiving a grant of \$15,825 from KOVAR (formally known as Knights of Columbus of Virginia Assisting Citizens with Intellectual Disabilities) to apply to the purchase of new furniture for the upstairs and downstairs common areas in two of our supervised group residences. In addition to this wonderful grant, we were also gifted with the pro-bono interior design expertise of Lindsay Boudreaux of Shotgun Double, LLC for this project. Lindsay and her team visited both of the homes and determined how the space could be used more effectively, how we could improve the lighting, and recommended furniture that would be not only very durable, but aesthetically pleasing! We are very thankful to KOVAR and Lindsay for their contributions - the day-to-day quality of life of our residents will improve in part because of their efforts.

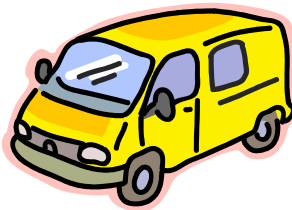


A Special Thank You to Our Auction Item Donors for Making it Possible for Us to have Great Benefit Auction Packages!

Alexandre de Paris
 Arena Stage
 Assaggi Osteria
 Barrel Oak Winery
 Betsy Schatz
 Blank Rome, LLP
 Bowl America
 Bridget & Sean Manley
 Cafe Oggi
 Cafe Renaissance
 Carla's Salon & Day Spa
 Carly Coho
 Charles Wolfe
 Christie & Leon Radomsky
 Comfort & Joy Wellness Spa
 Cynthia Kirsch Photography
 Deb Burton - Arbonne
 Diane Rehm
 Diya Restaurant
 Dogtopia
 Doug Duvall
 Doug Tees
 Dunn Loring Vol. Fire Dept.
 Ellen-Elizabeth Lee
 Gayle Bailey II
 Godiva Chocolatier
 Gordon Biersch Brewery
 Great Dogs of Great Falls
 Great Harvest Bread Co.
 Greendale Golf Course
 Hard Times Cafe & Pool
 HoneyBaked Ham Co.
 Ireland's Four Provinces
 J. Gilbert's
 Jacqueline Garnier
 Joanne Heininger
 Judy Yolles
 Kazan
 Lansdowne Resort
 Lebanese Taverna
 Ledo

The McLean Community Foundation Helps Us Transport the People We Serve...

Langley has received a grant of \$10,000 from the McLean Community Foundation (MCF) to put towards the purchase of a mini-van. We will use this new van to take our residents and people in our community support program to activities like doctor appointments, grocery shopping, summer book club, Special Olympics bowling and much more.



Not unlike many households, sometimes people have different schedules and transporting everyone where they need to go with a limited number of vehicles can be a logistical challenge. MCF has been a longtime supporter of our mission. We are very grateful once again for their generosity in helping us meet the needs of the people we serve.

Langley Residents Volunteer with McLean Rotary Club to Stop Hunger Now!

On Saturday, November 10, 2012, some of our Langley Residents joined a group of about 900 volunteers to package 250,000 meals to send to Mission of Hope in Haiti. This event was coordinated by the McLean Rotary Club and held at Redeemer Lutheran Church in McLean. Volunteers worked in two hour shifts and filled meal packages with rice, soybeans, vegetables, and vitamins sufficient to feed six people.



Quarterly Topic: Financial Issues for Families

Special Needs Planning – Legally and Financially

There are many things in life that are out of our hands. When you first realized you had a family member with special needs, you and your family's lives changed forever. Now, more than ever, the need for planning is especially important because you never know when your own ability to be a caregiver may end. Understanding the legal and financial challenges that may impact your family member's special needs care is imperative. The first step in planning for the future is becoming better informed about proper investment management and other long-term care resources available to you. While understanding the complexities of investment management can seem daunting, it helps to break it into more manageable objectives, such as:

- Understanding the importance of advance planning
- Identifying the steps needed to getting legal, financial, and insurance plans in place

A key to solidifying a good plan is having an estate attorney who knows how to specifically design a special needs trust, which can allow parents to provide for their loved ones without jeopardizing their eligibility for government benefits. This allows a financial advisor to provide investment advice within a structure that is best suited to meet your unique requirements for current and planned long-term care.

Something to consider, and often overlooked, is planning for your own care, which can be equally challenging. Working with a cohesive team - such as a care coordinator, a financial advisor and a specialized, independent insurance agent -- provides a perspective on care planning that a generalist in these fields cannot.

Funding the care for special needs individuals can be done through a variety of sources such as:

- Life Insurance
- Cash Investments
- Personal and Real Property
- Current Work Income and Pensions
- Retirement Plans (IRA's and/or 401k's)
- Proceeds from Settlements

Special needs planning is complex and technical, requiring a thorough understanding of the income, gift and estate tax consequences applicable when funding and administering a special needs trust. Having the support of a team of experts is helpful, and having the support of a community of people who face your same daily challenges is *invaluable*.

Langley Residential thrives from the support of its members and surrounding community, so remember to spread the word about the numerous opportunities available for people to get involved, donate, or volunteer. And don't forget, you only have today to plan for tomorrow, so seek out advice regarding long-term care planning for your family soon and often.

About the Author

Rick Gow is a Wealth Management Advisor for Lara, Shull & May, an independent wealth-management firm that provides investment, tax and estate planning services.

Questions about the material covered in this article can be directed to Rick at 571-405-3886 or rgow@lsmfinanical.com, and Mike Mullen, CLU on 703-759-1993 or mullenclu@cox.net. Mike is the President of Washington Financial, an independent insurance brokerage.

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SUPPORT SERVICES
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Wine/Beer Tasting
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Saturday,
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A Special Thank You to Our Auction Item Donors for Making it Possible for Us to have Great Benefit Auction Packages!

M.C. Kulick

Mangan Jewelers

Melissa Smarr

Mike & Debbie Mullen

Mount Vernon Ladies Assoc.

Newseum

Norm's Beer & Wine

P.F. Chang's

Public House - National

Harbor

R.T.'s Restaurant

Reston Limousine

Rick Miller

River Riders

Rock Bottom Berwery

Roman's Macaroni Grill

Sara Mariska

South Riding Golf Club

Tempo Restaurant

Texas de Brazil

The Cheesecake Factory

The Inn at Virginia Tech

The Red Fox Inn

The Ritz Carlton - Pentagon

City

The Ritz Carlton - Tysons

Corner

The Shakespeare Theatre

Company

The State Theatre

The Studio Theatre

The Think Food Group

Thomas Jefferson Fndtn.

Trader Joe's

Uncle Julio's Rio Grande

Virginia Gold Cup Assoc.

Westfields Marriott

Westin Reston Heights



May 6, 2012

**A Very Grateful
 Thank You to the
 Sponsors of the
 3rd Annual Langley
 Bowl!**

Independence

RLM-CPA

Beyer Auto Group

Confidence

Rotary Club of Bailey's
 Crossroads

Betsy Schatz

The Joey Pizzano
 Memorial Foundation

Mary Beth & David
 Busby

Fairfax Civitans

The Bailey Team Real
 Estate

Life Skills

The Business Bank

CommonHealth
 Chiropractic

U.S. Lawns

Virginia Commerce Bank

Construction Pros

Deborah & Michael
 Mullen

Sheets Wholesale, Inc.

Sensei Enterprises, Inc.

Ardin Goss

Well-Being

Work Consultants

Fitness Together-Tysons

Bernstein Communications

The 3rd Annual Langley Bowl

On Sunday, May 6th 2012 we once again took over the lanes at the Bowl America – Shirley in Alexandria, VA for an afternoon of family-friendly fun and “FUN”draising. Proceeds from the event benefit Langley’s programs and activities. Our residents and some people in our community support program came to bowl beside old and new Langley supporters and their friends and/or families. Many local businesses and civic organizations provided support and sponsorship.

It was a festive atmosphere as everyone entered into friendly competition to win our “Crystal” trophy. The Neil Seinberg Team was named the Highest Scoring Team and two of their members vied for the Highest Scoring Player. We have begun planning for next spring’s tournament – stay tuned for more information in the next Langley Letter!



Coming in the Next Issue of The Langley Letter...

- **Ageing in Place – What does it mean and what is Langley doing about it?**
- **The 4th Annual Langley Bowl**
- **Langley’s Special Olympics Basketball Teams**

...And Much More

Langley's Annual Fall/Winter Holiday

HONEYBAKED

Fundraiser!

Did you know that the HoneyBaked Ham Company also sells turkeys & BBQ?

Yes, in addition to their delicious hams, they also sell smoked and roasted turkey breasts, whole turkeys, desserts and other delicious products to make your holiday meals even easier. Even better – if you order through our fundraiser they will generously donate 15% of the sales to Langley!

To place your order, please choose your item from the attached menu, complete the order form below and fax it back to Langley by the date indicated to ensure your order is received!

Christmas Sale Dates

Order: Nov. 26th – Dec. 14th

Pick up: Friday, Dec. 21st noon – 3pm



Thank you in advance for your generosity and support!

Fall/Winter 2012 Honey Baked Ham Order Form

STEP #1— Please select your purchase(s) from the options below:

Quantity	Item	Price w/Tax
_____	4.5lb. Quarter Ham	\$40.00
_____	7lb. Half Ham	\$55.00
_____	8lb. Half Ham	\$60.00
_____	9lb. Half Ham	\$65.00
_____	14lb. Whole Ham	\$99.00
_____	BBQ Package	\$45.00
_____	Roast Turkey Breast	\$28.00
_____	Smoked Turkey Breast	\$28.00
_____	Classic Combo	\$80.00
_____	Double Feature	\$60.00
_____	Boneless Ham	\$38.00
_____	Whole Roasted Turkey	\$40.00
_____	Whole Smoked Turkey	\$40.00
_____	Cinn-Wal Coffee Cake	\$16.00
_____	Chocolate Chip Coffee Cake	\$25.00
_____	Vanilla Rum Cake	\$25.00
_____	Coconut Rum Cake	\$25.00
_____	Pineapple-Chipotle Salsa	\$8.00
_____	Queso Loco Salsa	\$8.00
_____	Texacante Salsa	\$8.00
_____	Salsa Assortment	\$23.00
_____	Honey Mustard	\$4.00
_____	Honey Mustard Mayo	\$4.00
_____	Horseradish Sauce	\$4.00
_____	Mustard Assortment	\$11.00
_____	\$40 Gift Certificate	\$40.00

STEP #2— Please total the number of items purchased and calculate the total amount owed w/tax below:

Total Number of Items: _____

Amount Due: \$ _____

STEP #3— Please provide your contact information below so that we can let you know when and where to pick up your order:

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

E-mail: _____

Phone: _____

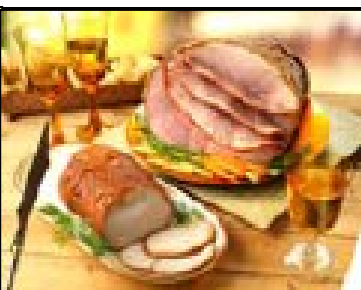
STEP #4— Please cut out this completed order form along the dotted lines and insert it in the enclosed return envelope with your check or money order made payable to L.R.S.S.

OR

If you prefer to pay via credit card, please provide your credit card information below, cut out this completed order form along the dotted lines and fax it to Langley's office (our fax number is 703-893-5047).

VISA Master CARD Credit Card Number: _____ - _____ - _____ - _____ Exp. Date: _____

Fall/Winter 2012 HoneyBaked Ham Menu



The HoneyBaked Ham Company® will donate 15% of your purchase to the organization sponsoring the fundraiser.

The Original & Authentic HoneyBaked Ham®

Our most popular item! Each HoneyBaked Ham® is hand-selected then hickory smoked, spiral-sliced and topped with our unforgettable crunchy sweet glaze. It's simply the best choice every time.

4.5 lb. quarter ham	serves 6-8	\$40.00	9 lb. half ham	serves 15-20	\$65.00
7 lb. half ham	serves 12-15	\$55.00	14 lb. whole ham	serves 26-28	\$99.00
8 lb. half ham	serves 12-15	\$60.00			

The HoneyBaked Boneless Ham®

Serves 8-10

\$38.00

- This 4 lb. HoneyBaked Boneless Ham® is gently smoked over a blend of hardwoods to seal in that delicious smoky flavor. Fully cooked, completely boneless, sliced and smothered in our renowned crunchy-sweet glaze.

Sliced & Glazed HoneyBaked Turkey Breasts®

Serves 8-10

\$28.00

- The same quality and taste that made our ham a favorite continues with our HoneyBaked Turkey Breast®. Tender, juicy, & 98% fat-free! Choice of 2.6 lb. Smoked or Roasted fully cooked, sliced and topped with crunchy sweet glaze. Serves 8-10.

Classic Combo

\$80.00

- A 7 pound Authentic HoneyBaked Ham®, paired with our 2.6 pound sliced and glazed, smoked HoneyBaked Turkey Breast®

Double Feature

New for this Fall!

\$60.00

- A 4 pound HoneyBaked Boneless Ham®, paired with our 2.6 pound sliced and glazed, smoked HoneyBaked Turkey Breast®

HoneyBaked BBQ Package®

Exclusive to HoneyBaked!!!

\$45.00

Our superior meats and family recipes deliver home made quality with unbeatable convenience. The package includes:

- A 24 oz fully cooked BBQ Boneless Pork Roast. Slow cooked until it's falling apart then we smother it in our own tantalizing barbecue sauce.
- 2 - 24 oz. slabs of our award winning Baby Back Ribs. Mouth-watering, fall-off-the-bone pork back ribs smothered in our own tangy barbecue sauce. Already fully cooked, just heat, grab the napkins (and ribs) and enjoy.

Fully Cooked Whole Turkeys

\$40.00

- A magnificent centerpiece that is fully cooked for easy and quick preparation. Available in Oven Roasted, a slow roasted with the juiciest, most delicious taste ever, or Smoked, gently smoked for hours to seal in the natural flavor. Serves 8-10.

Island Treasure Gourmet™ Rum Cakes

Serves 12

\$ 25.00

Quality ingredients create a moist, smooth, full flavored, large 32 oz Rum Cake for everyone to enjoy. Your choice of:

- *Vanilla* - Made with Real Vanilla.
- *Coconut* - Made with Real Coconut throughout, not just on top (Coconut lovers this is it).

My Grandma's of New England®

Serves 12

\$16.00

- *Cinnamon Walnut Coffee Cake* - Incredibly moist, baked using the finest ingredients. From farm fresh eggs & pure bourbon vanilla to cultured sour cream, each double layer is hand-poured then baked with a crunchy topping of walnuts and brown sugar.
- *NEW - Chocolate Chip* - Chunks of semi-sweet chocolate morsels are placed in between and on top of this cake along with farm fresh eggs, pure bourbon vanilla, cultured sour cream with delicious walnuts!

D. L. Jardines Texas Salsa - Award Winning - All Natural Ingredients

\$ 8.00

- *NEW - Pineapple-Chipotle Salsa* - Sweet pineapple, fire roasted chipotle peppers, fresh tomatoes and spices.
- *Queso Luco* - This most popular cheese sauce can be used for dips to baked potatoes and even hamburgers.
- *NEW - Texacante Salsa* - A thick & chunky blend of ripe, juicy tomatoes, jalapenos, chopped cilantro and fresh bell peppers.

D. L. Jardines Texas Salsa Assortment- Purchase all three and Save!

\$23.00

HoneyBaked Mustards

\$ 4.00 ea

- HoneyBaked Honey Mustard, Honey Mustard Mayonnaise and Horseradish Sauce are made using the finest, natural ingredients with no artificial colors, flavors, corn sweeteners or preservatives.
- Select the *Mustard Assortment* and receive all three mustards with *Special Value Pricing!*

\$ 11.00

HoneyBaked Ham Gift Certificates - Great for year-round shopping

\$40.00