

# Langley's Latest . . .

Keeping you **informed** about how we're making a **difference** in people's lives . . .



## Reflections & Ruminations

**Betsy Schatz**

**Langley's Executive Director**

**Because everyone deserves the chance to live a rich, full life.**

This past week we celebrated the lives of the men and women in our programs at our Annual Wine/Beer Tasting and Benefit Auction. This "Langley's Latest" celebrates the rich, full lives our consumers live. From the many activities they participate in outside of work and day programs, to the different paths of life they live, Langley supports the people in our programs to live their richest, fullest life.

We are grateful for your support as we continue our journey in helping the men and women in our programs achieve their dreams.

*Betsy*

## Oh the Places We Go!

We aren't joking when we say that Langley's residents, and many of our community support consumers, have more active social lives than you and I. We have highlighted our major partnerships with Junior League of Washington and Literacy Club, Vienna Presbyterian Church and Friendship Class, Special Olympics and Immanuel Presbyterian and Summer Book Club, but these are all just a drop in the bucket of different activities our consumers partake in, and the organizations that help make it happen.

With over 80 men and women in our programs, our interests run from visiting museums to attending karaoke parties! While no one consumer could possibly participate in all the following activities, they are a great overview of the places Langley consumers go!

Sports are popular among our group, particularly bowling. We have members in Special Olympics Bowling League and Service Source. Between these two leagues our consumers are bowling from September through May!



At a Redskins Preseason Game!

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**#49881**



2070 Chain Bridge Road  
Suite G55  
Vienna, VA 22182  
(703)893-0068

[www.LangleyResidential.org](http://www.LangleyResidential.org)

Because everyone **deserves**

the chance to live a **rich, full life . . .**

## ***Supervisor Cathy Hudgins Visits Langley House***

Hunter Mill Supervisor Cathy Hudgins had dinner at one of Langley's six residential homes on June 22<sup>nd</sup>. Supervisor Hudgins got to tour the six bedroom home and learn more about how Langley House's six residents spend their day. Langley House is one of Langley's intensive support residential homes which means that a counselor is present when the men are not at their job or day program during the work week.

The men were eager to welcome Supervisor Hudgins and take her on a tour of their home before everyone sat down to a delicious dinner. Supervisor Hudgins had the chance to chat with the men. She answered some of their questions about Fairfax County government and got to hear from them about how they spend their time. The men enjoyed their visit with Supervisor Hudgins and the chance to share their interests and how they live their lives with her.

While Langley House is outside of Supervisor Hudgins' district, Langley was honored that she took the time to visit us. Our administrative offices are located in Hunter Mill and four of Langley's community support consumers live in the Hunter Mill district. Langley is grateful for Supervisor Hudgins's recognition of Fairfax County residents with intellectual disabilities and we hope to see her again soon!



Langley House residents, counselors, Betsy Schatz and Supervisor Hudgins

## ***Oh the Places We Go! Continued . . .***

Special Olympics Basketball and Special Olympics Softball round out organized sports. Other sports include Dance Club, Pilates and karate class.

Social clubs such as Adult Social Club and Calvary Hill Baptist Church's Helping Hands are favorite activities of many of our consumers. Both clubs provide important opportunities for the people in our programs to stay connected to their friends outside of work and group home settings. Other opportunities for our consumers to socialize include yearly events such as ServiceSource Families and Friends Annual Dinner Dance, ServiceSource Picnic, Civitan Area 3 Picnic and Linden Tree Lighting and Holiday Party. Our consumers are also members of Fairfax Civitan Club and involved with Boy Scouts.

Langley consumers' are volunteers! Volunteer sites include Spring Hill Recreation Center, Providence Recreation Center, Fairfax Thrift Shop, Adult Protective Services and Truro Anglican Church. Most of these commitments are on a weekly basis and began years ago.

Our consumers faith lives are fulfilled by Vienna Presbyterian Church, St. Mary of Sorrows, St. Peter's of the Woods, Grace Ministries Green Groceries Program and United Methodists Men's Group. Our consumers are valued members of each of these communities and oftentimes play a large role in their faith group's community.

Beyond organized activities our consumers enjoy being out in the community doing things such as going out to eat, attending high school/community plays, going to the movies, attending local fairs, visiting museums and attending sporting events! These are probably places you go too, so if you see us say hi!



Dancing at a Civitan Karaoke Party!

## The Women at Bowdoin Circle



Angela at Summer Book Club

Cindy moved into a Langley home in 2006. She has worked at Walmart for the past 20 years, primarily in the cosmetics department.

Cindy recently went on a cruise to Haiti, Mexico and Jamaica with her mother, brother and nieces. Cindy enjoys playing Xbox, going to the mall and bowling on Saturdays. Her roommates like it when she makes her tuna melt and stuffed shells for dinner and she can make a mean monkey cake. Cindy hopes that one day she can get her own apartment.



Debbie and Cindy at Langley Bowl

Visiting Langley's Bowdoin Circle home will introduce you to four independent women. Bowdoin Circle is one of Langley's supportive residential homes, with counselors present in the evenings and during the day on the weekends. Get to know the women at Bowdoin Circle!

Angela has received Langley services since 1997. She is enrolled ServiceSource's Day Program in Oakton where they emphasize job readiness. Her favorite class in her Day Program is Computer Class.

Angela tries to walk for 45 minutes twice a day and enjoys watching game shows on TV, specifically Match Game and Family Feud. Angela also enjoys bowling and typically scores in the 200s! Her favorite meal to cook for her roommates is spinach lasagna.



Angela and Debbie at Bowdoin Circle

Debbie has been in Langley homes since 2000. Debbie has worked for ServiceSource as a contractor of the EPA for the past 34 years.

Debbie enjoys watching Walker Texas Ranger, going grocery shopping on Saturdays and going to 7-Eleven. When it is her turn to make dinner she will make anything! Debbie has a new strategy for basketball this year: that she will pass and not shoot because she is the shortest person on the teams.

Lorraine moved into Bowdoin, her first group home, 2-3 years ago. She gets along well with most of her roommates. She gets to see her sister occasionally. She has worked for Job Discovery for 20 years cleaning office space and works 5 days a week. In her spare time she likes to go to museums, cook and hand stitch pillows.

Lorraine is camera shy but is happy to share her interests with everyone!



Cindy

## *A New Beginning*

One of Langley's community support consumers, Cathy, began a new chapter in her life this July when she married Mark at St. Mary of Sorrows. Cathy has been receiving services from Langley since 2010. Prior to her marriage, Cathy lived with her parents. Now that she is married she lives with her husband in a Springfield apartment.

Cathy and Mark first met in 2013. When Mark saw Cathy and found out she was single he made his move. Their first date was at the ServiceSource Bowling League. Cathy quickly knew she liked Mark and introduced him to her parents. Mark officially proposed on a Caribbean Cruise in July 2015 with a lovely chocolate diamond ring in rose gold.

If you get the chance to visit with Cathy and Mark you will be lucky to spend time with a couple that truly loves each other and appreciates being around one other. Their easy going natures and Mark's sense of humor make time fly quickly. Cathy says that since she began her relationship with Mark she developed an interest in Fantasy Football and NASCAR, and under her influence Mark has become a Knight of Columbus. Together they enjoy going to the movies, people watching at the mall and are planning an anniversary/birthday trip to Virginia Beach next July.

Congratulations Cathy and Mark!



Cathy and Mark on their wedding day

## *Olympics Viewing Party with Tysons Partnership*

Tysons Partnership hosted an Olympics Viewing Party at Tysons Biergarten this past August. Langley's Board Members and Marshall Heights Residents had a blast meeting the people who make up Tysons Partnership, and even fit in a few games of Jenga!

Tysons Partnership is helping shape Tysons' future. Langley is lucky to be part of a community that values people with disabilities. We look forward to nurturing our consumers' ties to Tysons and our greater community as we look to the future!



Don't knock it over Alex!



Chris and Doug catching up



Richard dominating Jenga!

**THANK  
YOU!**

## Fairfax Civitan Club

Making a difference in the lives of people with developmental disabilities is what Fairfax Civitan Club is all about. Langley has a special relationship with the Fairfax Civitan Club as four of our residents are members. We spoke with club president, Josh Felts, to get an idea of what being a part of Fairfax Civitan Club means.

Fairfax Civitans meet the first Thursday of every month at Oakton Service Source. At their meetings they learn about different groups who serve people with disabilities in our community and plan service projects. Fairfax Civitan Club has about 50 active members and supports organizations such as Langley, Community Residences, the Civitan International Research Center, Virginia Special Olympics, Camp VA Jaycees, Philips School, NVTRP, Service Source, NOVACO and OAR. Some of the service projects include hosting bingo games throughout the year, a concert for Fellowship Foundation Square homes at Lake Anne and Hunters Woods and putting on a variety show.



Fairfax Civitans were our highest scoring team at our 2015 Langley Bowl!

Josh states that having Langley Residents, along with residents of another group home facility, as members of Fairfax Civitan Club help keep the focus on Civitan's mission. We are very grateful for Fairfax Civitan Club's support, and everything that the Civitan community does on behalf of the people in our programs. Civitan's special focus on people with developmental disabilities is unique, and fills a much needed role in our community.

## “Uncorking a Rich, Full Life” Recap

On Saturday, October 22nd we held our Annual Wine/Beer Tasting and Benefit Auction “Uncorking a Rich, Full Life” which raised over \$28,000 for our programs and activities. This year's event was extra special with an emphasis on the individual experiences of our consumers and their families. Thank you to everyone who attended and made this evening one to remember. Special thanks to Supervisor John Foust and Dr. Marilyn Jerome Foust for hosting us!



Enjoying a few laughs



Tasting at the White Wine Station

Special thanks to the following people and organizations for contributing items to our auction:

- |                    |                     |
|--------------------|---------------------|
| 1st Stage          | Metropolitan        |
| Adeler Jewelers    | Hospitality Group   |
| Kelly Ameen        | MetroStage          |
| Arena Stage        | Mosaic Theater      |
| Barrel Oak Winery  | Company of DC       |
| Blackfinn          | Nandos Peri Peri    |
| Ameripub           | Paradise Springs    |
| Blank Rome LLC     | Winery              |
| Bowl America       | Plaka Grill         |
| Brine              | Potomac Riverboat   |
| Café Oggi          | Company             |
| California Pizza   | Reston Limousine    |
| Kitchen            | Angela Riesterer    |
| Cava Mezze Grill   | Rock-Fit            |
| Chipotle Mexican   | Seasons 52          |
| Grill              | Shakespeare         |
| Clyde's of Reston  | Theatre Company     |
| Clyde's Restaurant | Signature Theatre   |
| Group              | Silver & Stone      |
| Carly Coho         | Artisan Jewelry     |
| Corner Bakery      | Skintelligence      |
| Café               | Melissa Smarr       |
| D.A. Spruzen       | Sonoma Grill &      |
| Doug Duvall        | Wine Bar            |
| Folger             | Sportrock           |
| Shakespeare        | Climbing Centers    |
| Library            | Springfield Golf    |
| Georgetown         | and Country Club    |
| University         | Tavern64            |
| Athletics          | Taylor Gourmet      |
| Glory Days Grill   | Doug Tees           |
| Ardin Goss         | Tempo Restaurant    |
| Grandview B & B    | Texas de Brazil     |
| Ellen Gray         | Churrascaria        |
| Equinox            | The Cheesecake      |
| Great American     | Factory             |
| Restaurants, Inc.  | The Great Harvest   |
| Greendale Golf     | Bread Company       |
| Course             | The Mount Vernon    |
| Iron Chef House    | Ladies' Association |
| J. Gilbert's Wood- | of the Union        |
| Fried Steaks &     | The Ritz Carlton    |
| Seafood            | The Washington      |
| Jammin' Java       | Nationals           |
| Kimpton Morrison   | The Washington      |
| House              | Redskins            |
| L'Auberge Chez     | Theater J           |
| Francois           | Vienna Pet Spaw     |
| Lebanese Taverna   | Warner Theatre      |
| Luray Caverns      | Washington          |
| Maggiano's Little  | Capitals Charities  |
| Italy              | Washington          |
| Mangan Jewelers    | Mystics             |
| Sean Manley        | Wizards Care        |
| Sara Mariska       | Charities           |
| Medieval Times     | Yard House          |
|                    | Judy Yolles         |

**YOU!*****Save the Date!*****WHAT: Annual Langley Bowl****WHEN: Sunday, March 12th 2pm—4pm****WHERE: Bowl America-Shirley 6450 Edsall Road Alexandria, VA 22312****\$30/Player  
\$150/Team of 5**

Fee includes three tournament games with strikes in frames 3, 6, 9 & 12, event tee shirt and shoe rental. Trophies awarded for top scoring team and top scoring player! Door prizes, balloons for kids, a fun event for everyone!

Please contact Angela Riesterer, Development Manager, at [Angela@LRSS.org](mailto:Angela@LRSS.org) or 703-893-0068 ext. 1800 about exciting sponsorship opportunities!

**Thank you to our 2016  
Annual Fall Wine/Beer  
Tasting & Benefit Auction  
Sponsors! You rock!**

**Champagne Level**  
RLM CPA

**Bock & Bordeaux**  
Walsh, Colucci, Lubeley &  
Walsh PC

**Cabernet & IPA**  
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**Pinot & Pilsner**  
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Commonhealth  
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**Langley Residential  
Support Services**

2070 Chain Bridge Road Ste G55  
Vienna, VA 22182